

INDEX

Editors Virginia Barlow, Dave Mance III, and Patrick White have contributed some stories that are not cited.

Those stories are included in this index but not with the author's name.

Artwork and illustrations are noted with the page number in italics.

A

acorn weevils (*Curculio glandium*), 66
 Adamant Community Club, 90–91
 Adam's Berry Farm (Charlotte), 238, 283
 Addison County clay, 99–101
 Aebi, Tania, 266–267
A Field Guide to Ants of New England
 (Ellison), 257
 agricultural equipment, 198–199, 200–203
 Agriculture, Food and Markets, Vermont
 Agency of, 124–125, 126–127, 176–177
 Agriculture, U.S. Department of, 30–33,
 124–125
 agritourism (farm stays), 54–59
 Ajamie, Clover, 51
 American toad, 257
 angler rod, craftsmanship, 70–73
A Night of Joy (reflection), 286–287
 animal habitat, tree cavities, 166
 Anne Saxelby Legacy Fund (food and farming
 internships), 181–183
 antlers, Boone and Crocket scoring system,
 46–47
 ants, wing shedding, 257
 Apel, Susan B., 224–225
 apple ladder, 22
April (reflections), 164
 arthropods
 acorn weevils (*Curculio glandium*), 66
 ants, wing shedding, 257
 brown recluse spider (*Loxosceles reclusa*), 21
A Field Guide to Ants of New England
 (Ellison), 257
 praying mantis (*Mantis religiosa*), 89
 Spotted Wing Drosophila, (*Drosophila*
suzukii), 248–249
 summer voices, 235
August (reflections), 254
Autumn Apples (poem), 23

B

bait fish, 79
 Baked Bean Hole Beans (recipe), 90–91
 Barcomb, Brian, 92–95
 Barlow, Virginia, 19, 66, 67, 79, 120–123, 210,
 211, 234
 baskets, black ash pack, 120–123
 bass fishing, high school sport, 78–79
 bat boxes, 234
 bats, brown, white nose fungus, 256
 bear bacon, 46–47
 beaver castoreum, 140
 beaver lodge, 117
 Beckett, Sean, 194

beech leaves, 89
 bees
 broad-footed cellophane (*Colletes latitarsis*),
 194
 and chicks, mail delivery, 168–169
 microbe diet (omnivore), 210
 pollinator habitat, 195, 243–245
 Bell's vireo (bird), 20
 Bergman, Megan Mayhew, 188
 berries
 Adam's Berry Farm (Charlotte), 238, 283
The Almost Ready Blueberries (poem), 239
 Blueberry Ginger Granita (recipe), 238
 Fisher Brothers Farm (Shelburne), 246–247
 growing berries, 240–242, 243–245
 Marlboro Mule (recipe), 212
 Sisters of Anarchy ice cream, 246–247
 Spotted Wing Drosophila, (*Drosophila*
suzukii), 248–249
 Sweet Seasons Farm & Artisan Confections,
 243–245
 unusual varieties, 242
 Bicknell's thrush, 88
 birds
 Bell's vireo, 20
 Bicknell's thrush, 88
 blue jays, call types, 211
 Bobolink Project, The, 213
 GPS-tagging migration, 88
 grassland habitat, conservation of, 213
 Muscovy duck, 210
 rare bird sightings, Vermont, 21
 ruby-throated hummingbird, 274
 ruffed grouse, 116
 snow bunting, 67
 song activity, 235
 turkey breeding, 167
 turkey feeding, 88
 black ash pack baskets, 120–123
 blackberry rust (fungal disease), 210
Blood (poem), 264–265
 Blueberry Ginger Granita (recipe), 238
 blue jays, call types, 211
 Bobolink Project, The, 213
 Boone and Crocket scoring system
 (antlers), 46–47
 Borscht, Mary's (recipe), 118–119
 Brickley, Zoe, 178–180
 brown bats, white nose fungus, 256
 brown recluse spider (*Loxosceles reclusa*), 21
 bryozoan, magnificent (*Pectinatella magnifica*),
 275
 Bushnell, Mark, 34–35, 74–75
 butternuts (*Juglans cinerea*), 52–53

C

Cady, Daniel Leavens, 99–101
 Callahan, Chris, 147
 Canadian white violets (*Viola canadensis*), 18
 Carroll, Brian, 106–109
 castoreum, beaver, 140
 catnip, 256
Celebrating Our Roots: Multicultural Recipe Book
 (Burlington School District), 259
 Cemetery Conservators for United Standards,
 24–25
 Cerulli, Francette, 146–147
 Champlain Valley Equipment (Middlebury),
 200–203
 Champlain Valley geology, 96–98, 99–101
 cheesemaking, 176–177, 178–180
 chickens, egg production, 284–285
 chickens, free-range damage, 235
 Chickering, Joanne, 192–193
 chicks and bees, mail delivery, 168–169
 Choiniere Family Farm (Highgate), 124–125
 Citro, Joseph A., 174–175
 clay, Addison County, 96–98
 climate change, sugarmaking, 156–159
 Climate Talks, Glasgow, 2021 (COP26), 105
 clothespin manufacturing, 236–237
 clubmoss, flat-branched tree (*Dendrolycopodium*
obscurum), 19
 coffin windows, 26–27
 Colbeck, Micki, 118
 Cold Regions Research and Engineering Lab,
 (CRREL), 138–139
 Community Harvest of Central Vermont
 (community gleanings), 266–267
 community listservs, 224–225
 community stories, interconnection, 192–193,
 216–225
 compost, volunteer squash hybrids, 275
 Connemara horse breed, 36–39
 conservation
 grassland habitat (birds), 213
 small-scale, 194
 Consider Bardwell Farm (West Pawlet), 181–183
 COP26 (Glasgow Climate Talks, 2021), 105
 corn (maize), cultural significance, 259
 Cornmeal Fried Trout with Bacon and Sage
 (recipe), 68–69
 Cotton, Emma, 124–125, 126–127
 country stores, evolution of, 224–225
 Crabtree, Peter, 217–219
 Crossmolina Farm (West Corinth), 281
 CRREL (Cold Regions Research and Engineering
 Lab), 138–139
 Current Use Program, 102–104, 105

D

dairy farms, market changes, 124–125, 126–127.
see also farms
 Daley, Yvonne, 264–265
 Daloz, Kate, 196–197
 Danville Historical Society, 90–91
 Davis, Tammy, 54
 Davis Farm and Guesthouse (farm stays)
 (Jericho), 54
Daybreak (digital newsletter), 224–225
December (reflections), 64
 deer
 age structure, 45
 antlers, how to measure, 46–47
 Boone and Crocket scoring system (antlers),
 46–47
Deer Camp Rules (reflections), 50–51
 deer season statistics (2021), 49
 directional sleep, 142–143
 scientific insights, 45
 Vermont Big Game Trophy Club, 46–47
Deer Camp Rules (reflections), 50–51
 Deering, David, 200–201
 Deering, Pat, 200–201
 deforestation, 105
 “delayed haying” (grassland habitat), 213
 diatoms (algae), 140
 Drislane, Bill, 86, 239
 Durham, Jonathan, 281

E

ecological keystones (native plants), 194
 egg production, chickens, 284–285
 Elwell, Chris M., 24–25
 English, Gary, 202–203
 Entropy Acres (West Glover), 196–197

F

family lineage, immigrant, 118–119
 farms
 Agriculture, Food and Markets, Vermont
 Agency of, 124–125, 126–127, 176–177
 Agriculture, U.S. Department of, 30–33,
 124–125
 agritourism (farm stays), 54–59
 dairy, 56–57, 124–125, 126–127, 128–129,
 130–131, 176–177, 178–180, 181–183,
 214–215, 246–247
 farm costs, 284–285
 Farmers to You, region food system
 (Middlesex), 278–279
 farm stories, 128–129, 192–193
 harvest and celebration, 286–287
 International Workshop on Agriculture
 Tourism, 58–59
 internships, 181–183, 214–215
 Percy Farm Fire, 130–131
 Produce Farm Roundup (2022), 280–283
see also berries; horses
 Fat Men’s Club, The New England, 174–175
February (reflections), 114
 fiber dye, wool, 276–277
 Figure (Justin Morgan’s horse), 34–35
 FindAGrave.com, 24–25

Fisher Brothers Farm (Shelburne), 246–247
 fishing
 bait fish, 79
 bass fishing, high school sport, 78–79
 Cormeal Fried Trout with Bacon and Sage,
 68–69
 fishing rod, craftsmanship, 70–73
 Lake Willoughby (photograph), 76–77
 minnow family (*Cyprinidae*), 79
 round goby (invasive fish), 190
 sport fishing, Lake Champlain, 74–75
 sport fishing, lesser known Vermont species,
 80–81
 trout stocking, 167
 Vermont Master Angler Program, 80–81
 flat-branched tree clubmoss (*Dendrolycopodium*
obscurum), 19
 flatlander status, 220–221
 foliage conditions, 17
 food recovery (gleaning), 266–267
 food system, regional-scale distribution, 278–279
 Foote Brook Organic Farm (Johnson), 283
Footfall (poem), 118
 Forbes, Edith, 114
 Forest Inventory and Analysis Program, 102–104
 forest management, sustainable, 102–104, 105
 Foster, Forrest, 128–129
 Freeman, Castle, Jr., 170–172
 free-range chickens, damage, 235
 fringed milkwort (*Polygala paucifolia*),
 (gaywings), 18
 Front Porch Project (community listservs),
 224–225
 frost cracks, trees, 117
 Fuentes, Edge, 282–283

G

Galbraith, Sarah, 181–183, 278–279
 gardens, seed saving, 258
 gaywings (fringed milkwort), (*Polygala paucifolia*),
 18
 general stores, evolution of, 224–225
 geology, Vermont, 96–98, 99–101
 Georgaklis, Greg, 278–279
 Ginsburg, Laura, 124–125
 ginseng, baseline status, 275
 glacial lakes, Vermont, 96–98
 Glasgow Climate Talks, 2021 (COP26), 105
 gleaning (food recovery), 266–267
 Glover, Russell, 181–183
 Good, Shawn, 80–81
 Good Heart Farmstead (Worcester), 282–283
 GPS-tagging migration, birds, 88
 Grange Hall Cultural Center (Waterbury),
 222–223
 grassland habitat (birds), conservation of, 213
 gravestones, repair, 24–25
 gray water recycling, 146–147
 Greater Heights Tree Service, 92–95
 Green Mountain Girls Farm (farm stays)
 (Northfield), 58–59
 grouse, ruffed, 116
 Grubinger, Vern, 240–242, 242, 248–249
 Gurwitt, Rob, 224–225

H

handwash station, 147
 Hartshorn, Dave, 281–282
 Hartshorn Farm (Waitsfield), 281–282
 harvest and celebration, 286–287
 Hausmann, Adam, 283
 Haynie, Sue, 243–245
 Heilman, Erica, 128–129
 Heller, Paul, 236–237
 hemlock varnish shelf mushrooms
 (*Ganoderma tsugae*), 234
 Hen of the Woods mushroom, 274
 herptile handling, 257
 hobblebush (*Viburnum lantanoides*), 44
 Holland, Mary, 44, 66, 89, 117
 Hook, Shirly, 286–287
 Horizon Organics dairy, 124–125, 126–127
 horses
 breeds, 28–29
 Connemara horse breed, 36–39
 Figure (Justin Morgan’s horse), 34–35
 Johnson, Deb, 30–33
 Johnson, Laurie, 30–33
 Morgan, Justin, 34–35
 Morgan horse breed, 30–33
 ownership of, 28–29
 Read, Pat, 36–39
 Round Robin Farm (Tunbridge), 36–39
 Saga Morgans (North Bennington), 30–33
 Vermont Farriers Association, 28–29
 Vermont Horse Council, 28–29
 Huibregtse, Barbara, 195
 hummingbird, ruby-throated, 274
 Humphries-LaPage, Lila, 281

I

ice conditions, 115, 116, 119
 ice cream, Sisters of Anarchy, 246–247
 immigrant family lineage, 118–119
 immigrant resettlement, 260–263
 indigenous Americans, sugarmaking, 152–155
 interconnection, community stories, 192–193,
 216–225
 International Workshop on Agriculture Tourism,
 58–59
 internships, farming
 Anne Saxelby Legacy Fund, 181–183
 working landscape, reading the land, 214–215
 Isselhardt, Mark, 148–150, 156–159

J

January (reflections), 86
 Jasper Hill Farm (Greensboro), 178–180
 Johnson, Charles W., 272
 Johnson, Deb, 30–33
 Johnson, Laurie, 30–33
July (reflections), 230–231
June (reflections), 208

K

Kehler, Andy, 178–180
 Kehler, Mateo, 178–180
 Kennett, Beth and Bob, 56–57
 keystones, ecological (native plants), 194

Khadka, Bishnu, 260–263
 Kindstedt, Paul S., 176–177
 Kipling, Rudyard, 199
 Koki Corn Tamales (recipe), 259

L

LaBlanc, Normand, 217–219
 ladder, apple, 22
 lady slippers, pink (*Cypripedium acaule*), 211
 Lake Champlain, fishing, 74–75, 190
 Lake Vermont, 96–98
 Lake Willoughby (photograph), 76–77
 Lapin, Marc, 99–101
 Laramée, Alisha, 260–263
 Lazenby, John, 260–263
 Lea, Sydney, 254
 Leach, Ken, 192–193
 Leach, Madeline, 192–193
 Lehouillier, Joie, 283
 Lenfest, Sue, 120–123
 LePage Farm (Barre Town), 281
 Lewis, Don, 192–193
 Liberty Hill Farm (farm stays) (Rochester), 56–57
 Lischer, Diana, 23
 Lockhart, Betty Ann, 145
 Loftus, Margaret, 281
 logging conditions, 102–104
 luthiery (stringed instrument craft), 106–109
 Lyons, E. E., 70–73

M

Machin, Bob, 22
 Mack, Kristin, 69
 madder root (*Rubia tinctorum*), 276–277
 magnificent bryozoan (*Pectinatella magnifica*), 275
 mail delivery, chicks and bees, 168–169
 maize (corn), cultural significance, 259
 Mance, Dave, III, 42, 46–47, 48, 92–95, 105, 142–143, 192–193, 235
 maple (red), dioecious, 141
 maple (sugar), seed germination, 167
 Maple Cheddar Dog (recipe), 173
 Maple Cream Pie (recipe), 145
 maple sap, mammal behavior, 141
 maple syrup industry. *see* sugarmaking
March (reflections), 136
 Marks, Chris, 220–221
 Marlboro Mule (recipe), 212
 Mathias, Mary W., 214–215
May (reflections), 188
 Mayan Biosphere Reserve, 105
 Mayer, Barry, 70–73
 McCabe, Kate Whelley, 152–155
 meat cure, dry rub (recipe), 48
 milkwort, fringed (*Polygala paucifolia*), (gaywings), 18
 Miller, Angela, 181–183
 Mills, Allen A., Jr., 52–53
 minnow family (*Cyprinidae*), 79
 Mirus, Rachel Sargent, 222–223
 morel mushrooms, 191
 Morgan, Justin, 34–35

Morgan horse breed, 30–33
 Morse, Susan C., 166
 Mount Mansfield, 19
 mud season, 137, 138–139
 Mueller, Andy, 106–109
 Muscovy duck, 210
 mushrooms
 hemlock varnish shelf (*Ganoderma tsugae*), 234
 Hen of the Woods, 274
 medicinal uses, 274
 morel, 191
 musical instrument craft, stringed (luthiery), 106–109

N

National Clothespin Company, 236–237
 Native American craft (baskets), 120–123
 nepetalactone (plant molecule), 256
 New England Fat Men's Club, The, 174–175
 New Farms for New Americans gardens (NFNA), 260–263
 Nop Brothers and Sons Farm (Salisbury), 202–203
 Northeast Organic Family Farm Partnership, 124–125, 126–127
 Northeast Organic Farming Association (NOFA), 124–125
 Northern New England Poison Center, 21
November (reflections), 42

O

October (reflections), 16
 Olson, Laura and Mari, 58–59
 Organic Valley dairy cooperative, 124–125, 126–127

P

Page, Michael, 86
 paintings, monthly (Shullenberger), 14, 40, 62, 84, 112, 134, 162, 186, 206, 228, 252, 270
 Parant, Charlie, 76–77
 Parker, Scudder, 144
 Pasanen, Melissa, 68–69
 peatlands, 44
 Pelton, John, 192–193
 Percy, Courtney, 130–131
 Percy Farm Fire, 130–131
 Pick, Mikayla, 28–29
 pink lady slippers (*Cypripedium acaule*), 211
 plants, native (ecological keystones), 194
 poems
 The Almost Ready Blueberries, 239
 Autumn Apples, 23
 Blood, 264–265
 Footfall, 118
 The Lake, 212
 The Secret of Machines, 199
 Winter Solace, 69
 Wood Frogs, 144
 pollinator habitat, bees, 195
 Porche, Verandah, 264–265
 Powzyk, Joyce, 118–119
 praying mantis (*Mantis religiosa*), 89

Proctor Maple Research Center (UVM), 151, 156–159
 Proctorsville Fire Department, 220–221
 Produce Farm Roundup (2022), 280–283

R

raccoons, 66, 141
 race and mobility, 152–155
 Rafael, Anita, 168–169
 rainwater recycling, 146
 Randall, Caitlin, 217–219
 Read, Pat, 36–39
 reading the land, working landscape, 214–215
 recipes
 Baked Bean Hole Beans, 90–91
 bear bacon, 48
 Blueberry Ginger Granita, 238
 Celebrating Our Roots: Multicultural Recipe Book (Burlington School District), 259
 Cornmeal Fried Trout with Bacon and Sage, 68–69
 Koki Corn Tamales, 259
 Maple Cheddar Dog, 173
 Maple Cream Pie, 145
 Marlboro Mule, 212
 Mary's Borscht, 118–119
 meat cure, dry rub, 48
 Rhubarb Crumble, 193
 recycling water, 146–147
 red maple, dioecious, 141
 red squirrels, 141
 reflections (essays), 16, 42, 50–51, 64, 86, 114, 136, 164, 170–172, 188, 208, 230–231, 254, 272, 286–287
 refugee resettlement, 260–263
 regional-scale distribution, food system, 278–279
 remontancy (multiple flowerings), 18
 Rethink Runoff program, 146
 Rhubarb Crumble (recipe), 193
 Rimmer, Chris, 20
 road conditions, mud season, 137, 138–139
 Rooney Farm (Morrisville), 126–127
 round goby (invasive fish), 190
 Round Robin Farm (Tunbridge), 36–39
 ruby-throated hummingbird, 274
 ruffed grouse, 116
 rumblestripvermont.org (podcast), 128–129
 Ryerson, Marjorie, 212

S

Sadowsky, Gary, weather observations, 17, 43, 65, 87, 115, 137, 165, 189, 209, 232–233, 255, 273
 Saga Morgans (North Bennington), 30–33
 Salvation Farms (community gleaning), 266–267
 sap (maple), mammal behavior, 141
 sapling care, watering (trees), 191
 Saxelby, Anne, 181–183
 Schade, Jody, 193
 scoring antlers, 46–47
 seed saving, gardens, 258
September (reflections), 272

Shen, Li, 138–139
 Shullenberger, Dianne (monthly paintings),
 14, 40, 62, 84, 112, 134, 162, 186, 206, 228,
 252, 270
 Sisters of Anarchy ice cream, 246–247
 slug eggs, 44
 Smiley, Curtis, 46–47
 snow bunting (bird), 67
*Sonny's Blue Benn – Feeding the Soul of a Vermont
 Town* (Randall & Crabtree), 217–219
 Sorkin, Laura, 136
 sphagnum moss, 44
 spider, brown recluse (*Loxosceles reclusa*), 21
 sport fishing, Lake Champlain, 74–75
 sport fishing, lesser known Vermont species,
 80–81
 Spotted Wing Drosophila, (*Drosophila suzukii*),
 248–249
 Spring, Katie, 282–283
Spring Burning (Freeman, Jr.), 170–172
 springtime greening, 191
 squash, compost volunteer hybrids, 275
 squirrels, red, 141
 Stableford, Jonathan, 164
 Stanciu, Brett Ann, 230–231
 Stonyfield Organic, 124–125
 Stoops, Jim, 26–27
 stringed instrument craft (luthiery), 106–109
 sugarmaking
 climate change, 156–159
 Diversified Agriculture and Natural
 Resources program, 148–150
 indigenous Americans, 152–155
 Maple Cheddar Dog (recipe), 173
 Maple Cream Pie (recipe), 145
 maple sap, mammal behavior, 141
 Proctor Maple Research Center (UVM),
 151, 156–159
 red maple, dioecious, 141
 seasonal production, 148–150
 sugar maple seed germination, 167
 technology impact, 156–159
 tree health, 156–159
 sustainable forest management, 102–104, 105
 Sweet Seasons Farm & Artisan Confections,
 243–245

T

Tebbetts, Anson, 126–127
The Almost Ready Blueberries (poem), 239
The Lake (poem), 212
The Secret of Machines (poem), 199
 thestoryproject.net (legacy books), 217–219
 Thompson, Allan, 102–104
 Thompson, Liz, 96–98, 99–101
 toad, American, 257
 Toby, Lois, 90–91
 Todisco, Amy, 281–282
 Tolan, Kevin, 213
 Tonino, Leath, 64
 Torrey, Bill, 50–51
 tree clubmoss, flat-branched (*Dendrolycopodium
 obscurum*), 19

trees

beech leaves, 89
 black ash pack baskets, 120–123
 foliage conditions, 17
 frost cracks, 117
 maple sap, mammal behavior, 141
 measuring ice, 119
 red maple, dioecious, 141
 springtime greening, 191
 sugar maple seed germination, 167
 tree cavities animal habitat, 166
 tree removal, 92–95
 Vermont Big Tree Program, 192–193
 watering saplings, 191
 yard tree, 92–95
see also sugarmaking
 trout stocking, 167
 Tudish, Catherine, 208
 turkey breeding, 167
 turkey feeding, 88
 Tyrol, Adelaide, *front cover*

U

United Nations Climate Change Conference,
 2021, Glasgow (COP26), 105
 U.S. Clothespin Company, 236–237
 U.S. Department of Agriculture, 30–33,
 124–125
 U.S. Postal Code, Section 526 (live animals), 169
 U.V.M. Extension Ag Engineering, 195

V

Valley Clayplain Forest, 99–101
 Van Woert, Els, 16
 Vermont Agency of Agriculture, Food and
 Markets, 124–125, 126–127, 176–177
 Vermont Big Game Trophy Club, 46–47
 Vermont Big Tree Program, 192–193
 Vermont Center for Ecostudies, 21, 88
 Vermont Center for Geographic Information,
 24–25
 Vermont Distillers (Marlboro), 212
 Vermont Farriers Association, 28–29
 Vermont Geological Survey, 97
 Vermont Gleaning Collective (website),
 266–267
 Vermont Horse Council, 28–29
 Vermont Master Angler Program, 80–81
 Vicuna, Cecilia, 276–277
 Viens, Rick, 200–201
 violets, Canadian white (*Viola canadensis*), 18
 Vital Communities (community listservs),
 224–225

W

Wabanaki Confederacy, 152–155
 Waltermire, Joan, 120–123
 Waterbury Center Grange Hall (Cultural
 Center), 222–223
 water use, 146–147
*We Are As Gods: Back to the Land in the 1970s
 on the Quest for a New America* (Daloz),
 196–197

weather observations

cloudiest month, 43
 dry conditions, 189, 232–233, 255, 273
 humidity measures, 255
 hurricanes, 255, 273
 ice conditions, 115, 116, 119
 mud season, 137, 138–139
 “Omega Block,” 209
 pollen clouds, 209
 rainfall, above average, 17, 273
 “Rex Block,” 189
 snow storms, 115, 137
 springtime greening, 191
 temperatures, above average, 17, 65, 189, 255
 temperatures, below average, 43, 87
 thunderstorms, 273
 Top Ten months, 87, 255, 273
 tornadoes, 232–233
 water mass impact, 165
 winter solstice, 65
 Weber, Chris, 78–79
 Welsh, Marian, 214–215
 White, Mike, 18, 117, 191, 235
 White, Patrick, 36–39, 178–180, 243–245,
 246–247
 White, Tammy, 276–277
 white nose fungus, brown bats, 256
 Williams Woods, 99–101
 Willing Hands (community gleaning), 266–267
 Wing and a Prayer Farm (Shaftsbury), 276–277
 Winslow, Michael, 202–203
Winter Solace (poem), 69
 witch windows, 26–27
Wood Frogs (poem), 144
 wool fiber dye, 276–277
 Wooster, Chuck, 92–95, 284–285
 working landscape, reading the land, 214–215